



2019 LSA Spring Invitational Competition

March 15-17, 2019

Hosted by:



The Louisville Skating Academy 2019 Spring Invitational Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

Excel Series: The LSA 2019 Spring Invitational Competition is a designated 2019 Excel Series competition. As an Excel Series event, skaters entered in the Series at eligible levels will earn points for their placement here in order to qualify for the National Festival to be held in Coral Springs, Florida, June 7 – 9, 2019. Skaters must register for the Excel Series prior to competing at designated competition or by March 1, 2019. Registration is available here:

<https://fs12.formsite.com/USFSAIT/form2393/index.html?1539795549957>

Additional information is available on the U.S. Figure Skating website:
<http://www.usfigureskating.org/story?id=91447&menu=programs>.

For any questions related to the Excel Series, please contact ExcelSeries@usfigureskating.org.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

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Host and Facilities: The LSA Spring Invitational Competition will take place from March 15-17, 2019 and will be hosted by Louisville Skating Academy ("LSA") and held at Iceland Sports Complex in Louisville, KY. Iceland Sports Complex is located at 1701 UPS Drive, Louisville, KY 40223. The facility has two ice surfaces. LSA expects to hold events on the North surface with some practice sessions on the south surface. Both ice surfaces are 85'x 200' with slightly rounded corners. Iceland has a concession stand with a seating area and several locker rooms. There will be ample parking during the competition.

Contact Information: If you have questions about this event, please contact the Competition Chairperson, Rebecca Hatch-Purnell, at hatchpurnell@gmail.com or at (502) 415-0962.

Liability: U.S. Figure Skating, Louisville Skating Academy, Inc., and Iceland Sports Complex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

Eligibility and Test Level: A skater's competition level is at the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher levels.

Age Requirements for Juvenile and Open Juvenile:

1. Juvenile: 12 years of age or younger or girls: 13 years of age or younger for boys
2. Open Juvenile: 13 years of age or older for girls: 14 years of age or older for boys.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Entries, Refunds and Fees*: All entries must be completed on Entryeze by February 9, 2019. No refunds will be made unless the event is canceled due to lack of entries.

General Events:

First Event Pre Free Skate and higher	\$105.00**
First Event Basic Skills	\$60.00**
Additional Events	\$40.00 per event

*The state of Kentucky passed House Bill 487 in April 2018. Effective 7/1/2018, many services, even those provided by non-profit organizations, schools and churches, are now subject to a 6% sales tax. LSA, a non-profit organization, is required to collect sales tax on competition entry fees and forward such amounts to the KY Department of Revenue. This sales tax is reflected in the fees listed upon registration. LSA encourages participants to contact KY legislators at <http://www.lrc.ky.gov/>

** A free DVD is included in this fee.

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Any change to the entry form after the Feb. 9, 2019 deadline is subject to a \$25 change fee. Late entries will be accepted only at the discretion of the Chief Referee and LSA and must be accompanied by a \$25 late fee. By registering online, the processing fee is not refundable for any reason at any time. For more information regarding fees and events, please contact Rebecca Hatch-Purnell, hatchpurnell@gmail.com.

No admission will be charged to spectators.

Judging System: The International Judging System (IJS) will be used for all Preliminary through Senior "Well Balanced Program" free skate events, all Juvenile through Senior short program events, all **EXCEL PLUS** events, **EXCEL** Juvenile to Senior free skate events, and all Juvenile through Senior spins and jumps events. In addition, IJS will be used for adult events from Adult Silver and up and all Championship Master events. Skaters competing in IJS program events (not jump or spins events) must submit a planned program content form online through Entryeze. The deadline to submit the form is March 1, 2019.

All other events will use the 6.0 Majority Judging System.

Music: The skater must provide their own music for all **Free Skate, Short Program, and Showcase events**. Skaters must upload their music through Entryeze by March 1, 2019. A backup CD with the skater's music should be readily available at rink side. Rules governing music selection can be found in the U. S. Figure Skating rulebook, rules 4040.

LSA will provide music for Basic Skills Program 1-6. Basic skills 1-6 music does not have to be uploaded by the skater. Music for Basic Skills Programs 1-6 is the same music used in other SEGL area competitions for Basic Skills events. Coaches should contact Rebecca Hatch-Purnell at (502) 415-0962 or hatchpurnell@gmail.com if you would like a CD of the music to be sent to your rink.

Registration: Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the outer lobby of Iceland. Please register promptly upon arrival.

Practice Ice: Skaters who wish to pre-purchase practice ice may do so online. Phone or email reservations will not be accepted. The fee to pre-purchase practice ice is \$12.00 per 20 minute session if arranged prior to the **February 9, 2019 date**. Skaters who pre-register will need to go online after the entry deadline during the "selection period" to select their practice ice sessions. After the designated "selection period" but before the start of the competition, skaters may go online to purchase practice ice at the regular event rate of \$12.00 per 20 minute session and may select from the sessions with remaining availability. Additional practice ice, if space allows, will be sold at the event at the rate of \$15.00 per 20 minute session. Most practice ice sessions will be limited to 20 skaters.

Photography and Videography: Photography and video services will be available for purchase. Videos may not be available for certain half ice events. Flash photography is not allowed in the arena as it is a safety hazard to the skater.

Awards: Medals will be given to first through 4 place finishers in all events. Ribbons will be given to 5th through 8th place for Basic Skills events through Pre-Juvenile events. Awards will be presented immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates. A **team trophy** will be awarded to the club, other than the host club, that accumulates the most team points.

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Critiques: Individual critiques by a judge along with a technical specialist or controller will be offered to skaters and coaches after each **Juvenile through Senior "well balanced" freeskate** event.

Official Notices: An official bulletin board will be maintained in the main lobby of the rink. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 1 hour prior to the scheduled time of their event.

Locker Rooms: The status of locker rooms will be in compliance of Safe Sport.

Event Schedule: A final competition and practice ice schedule will be posted on the Entryeeze link for this event approximately 10 days prior to the competition. The competition schedule is set by the referee, and no changes will be made to the schedule once it is announced unless an error has been made by the referee.

Test Session: LSA plans to host a test session on March 14th or 15th in conjunction with this competition, as time allows. Skaters who wish to test may find a test application on the LSA website, www.skatelouisville.org. Test forms for this test session will be due by February 5, 2019. Space may be limited. Out-of-club applicants must **include a "Permission to Test"** letter from their home club.

Information Regarding Coaches: U.S. Figure Skating Rule MR 5.11 Coach Registration is in effect for this competition. In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing in a Learn to Skate USA Program, must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential - no exceptions. We strongly urge **all** coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

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Hotel Information: The following hotels have agreements with LSA to provide room blocks for skaters at discounted group rates. LSA has worked with these hotels on numerous occasions and is confident they will provide excellent service to our guests. All are conveniently located. When possible, please use the reservation links posted for your convenience- they go directly to the LSA Invitational block.

SpringHill Suites Marriott

10101 Forest Green Blvd, Louisville, KY 40223 (approx. ½ mi. from rink)

502 326-3895

\$109 Double

Last day to book: 2/14/2019

[Book your group rate for LSA Spring Competition](#)

Fairfield by Marriott

10110 Champion Farms Dr., Louisville, KY 40241

502 637-1200

\$89.00 per night- Traditional King or Queen

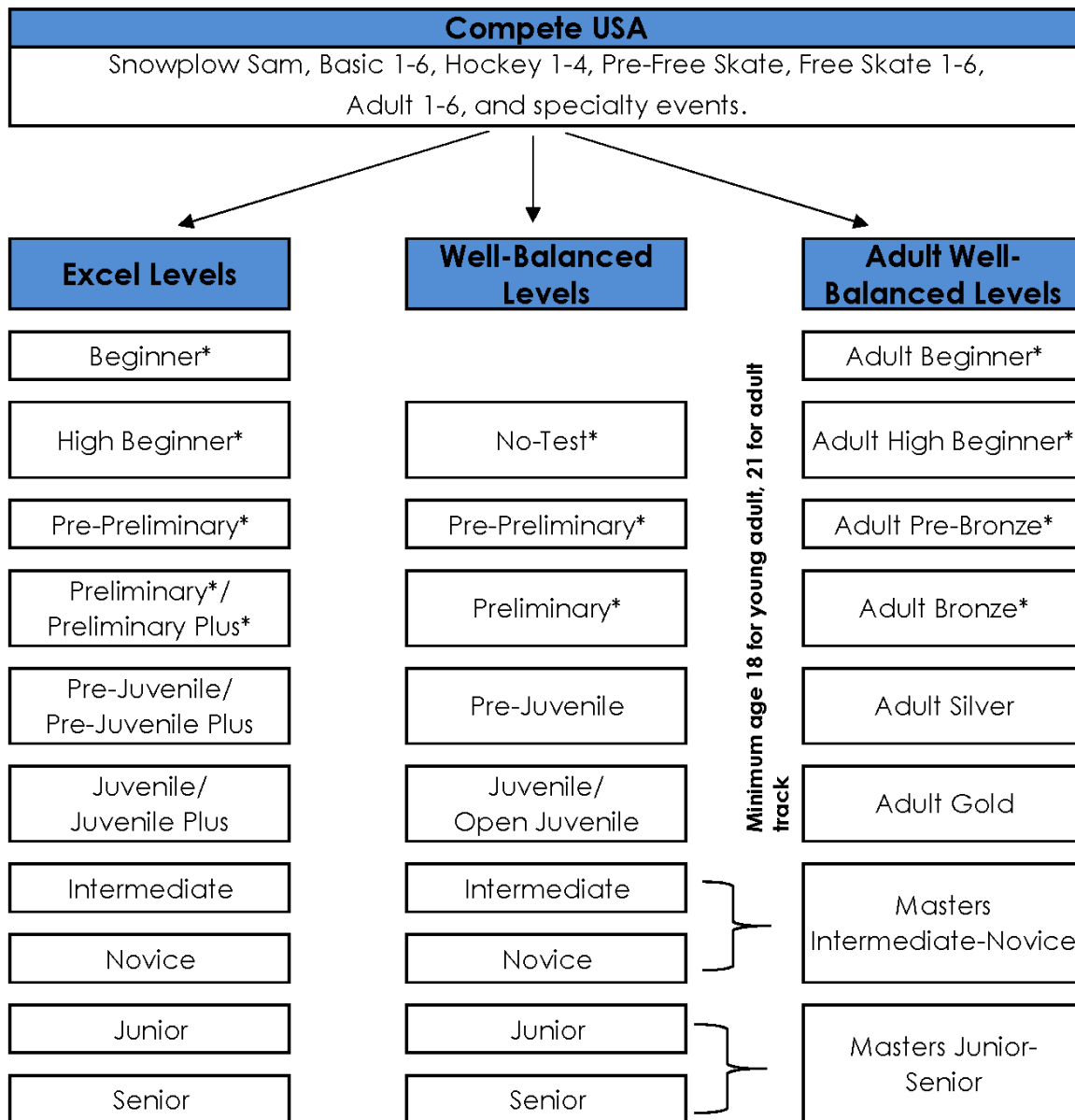
[Book your group rate for LSA Spring Competition](#)

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COMPETITIVE PROGRESSION THROUGH THE LEVELS OF U.S. FIGURE SKATING

Singles athletes begin with Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.



*Indicates an introductory level that may be held at Compete USA competitions. Beginner and High Beginner require a current Learn to Skate USA and/or U.S. Figure Skating full membership; all other levels require a current full U.S. Figure Skating membership.

EVENT: 2018-2019 Excel and Excel Plus Free Skate

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the **highest level they have passed, or "skate up" to one level higher.**

*** Intermediate and Novice Program lengths will change February 1, 2019, to align with the Well-Balanced program length changes.*

<http://www.usfigureskating.org/programs?id=59254>

EVENT: Well-Balanced Free Skate

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the **highest level they have passed, or "skate up" to one level higher.**

<http://www.usfsa.org/content/2018-19%20Singles%20FS%20Chart.pdf>

EVENT: Well-Balanced Short Program

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the **highest level they have passed, or "skate up" to one level higher.**

<http://www.usfsa.org/content/2018-19%20Singles%20SP%20Chart.pdf>

EVENT: Adult Free Skating Events

General event parameters:

- Adult events will be conducted in accordance with the current U.S. Figure Skating rulebook.
- Adult Pre-Bronze through Adult Gold Free Skate will be offered as well as Masters and Championship Masters events.

<http://www.usfigureskating.org/content/2018-19%20Adult%20Singles%20WBP%20Chart.pdf>

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EVENT: Excel Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum
- *Skaters may have the option to skate one level higher in compulsories than free skate program.*

Level	Time	Skating rules/standards
Excel Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • One-foot upright spin - minimum 3 revolutions • Choreographic step sequence
Excel High Beginner	1:15 max.	<ul style="list-style-type: none"> • Loop jump • Salchow/toe loop combination • Sit spin - minimum 3 revolutions • Choreographic step sequence
Excel Pre-Preliminary	1:15 max.	<ul style="list-style-type: none"> • Flip jump • Loop/loop jump combination • Upright spin with change of foot – minimum 3 revolutions on each foot • Choreographic step sequence
Excel Preliminary	1:15 max.	<ul style="list-style-type: none"> • Lutz jump • Flip/loop jump combination • Camel, sit combination spin – minimum 6 revolutions total • Choreographic step sequence

EVENT: Well Balanced Levels Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum
- *Skaters may have the option to skate one level higher in compulsories than free skate program.*

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ul style="list-style-type: none">• Loop jump• Jump combination to include a toe loop (may not use a loop or Axel)• Upright spin with change of foot – minimum 3 revolutions on each foot• Choreographic step sequence
Pre-Preliminary	1:15 max.	<ul style="list-style-type: none">• Lutz jump• Jump combination: single/single (no Axel)• Spin with one change of position and no change of foot – minimum 6 revolutions total• Choreographic step sequence
Preliminary	1:15 max.	<ul style="list-style-type: none">• Axel jump• Jump combination: single/single (may include Axel)• Spin with one change of foot and one change of position – minimum 3 revolutions on each foot• Choreographic step sequence

EVENT: Adult Compulsory Events

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- Connecting moves and steps should be demonstrated throughout the program.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1: 30+/-10 sec unless otherwise noted

<p>Adult 1</p> <ul style="list-style-type: none"> • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot 	<p>Adult 4</p> <ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
<p>Adult 2</p> <ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row 	<p>Adult 5</p> <ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
<p>Adult 3</p> <ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left 	<p>Adult 6</p> <ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin
<p>Adult Pre-Bronze Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum</p> <p>Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.</p>	<p>Adult Bronze Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum</p> <p>Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.</p>

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EVENT: Jumps Challenge

General event parameters:

- Each jump may be attempted twice. ***If skated twice, the 2nd attempt will be the one counted.***
- Pre-juvenile and lower will be skated ½ ice; Juvenile–Senior will be skated on full ice

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. ½ flip or ½ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combo – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combo – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combo - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combo – Any single jump + single loop (may include Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel or double Salchow 2. Single or double jump 3. Jump combo – single/single (may include Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow or double toe loop 3. Jump combo – single/single or double/single (may include single Axel)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double toe loop or double loop 3. Jump combo – double/single or double/double (may include single Axel)
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Double flip 3. Jump combo – double/double (may include double Axel)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, Lutz) 2. Double or triple flip 3. Jump combo – double/double (may include double Axel)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, flip) 2. Double or triple Lutz 3. Jump combo – double/double or triple/double (may include double Axel)

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EVENT: Spins Challenge

General event parameters:

- Spins may be skated in any order.
- Spins may not be repeated.
- Only required elements may be included.
- Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice.
- Minimum number of revolutions is noted in parentheses.
- Connecting steps are allowed.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> 1. Upright one-foot spin (3 revs) 2. Upright back spin (3 revs) 3. Sit spin (3 revs)
High Beginner	1:30 max.	<ol style="list-style-type: none"> 1. Upright one-foot spin (4 revs) 2. Upright spin with change of foot (3 revs on each foot) 3. Sit spin (3 revs)
No-Test	1:30 max.	<ol style="list-style-type: none"> 1. Upright spin with change of foot (3 revs on each foot) 2. Sit spin (3 revs) 3. Camel spin (3 revs)
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> 1. Spin with one change of position and no change of foot (6 revs) 2. Backward sit spin (3 revs) 3. Camel spin (4 revs)
Preliminary	1:30 max.	<ol style="list-style-type: none"> 1. Spin with one change of foot and one change of position (min. 3 revs each foot) 2. Combination sit spin with change of foot (min. 3 revs each foot) 3. One position spin – skater's choice (upright, sit or camel), (4 revs)
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> 1. Backward entry Camel spin (4 revs) 2. Combination spin – All 3 basic positions are required (camel, sit, upright), (2 revs in each position) 3. Forward to backward scratch spin (min 4 revs per foot)
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> 1. Sit spin (4) 2. Combination spin – with change of foot; all 3 basic positions required 2 revs in each position (min. 4 revs per foot) 3. Girls – layback spin (6 revs); Boys – camel spin (5 revs)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Flying camel spin-basic camel position required (5 revs) 2. Sit spin to backward sit spin-basic sit position required (4 revs per foot) 3. Combination spin – change of foot & all 3 basic positions required (2 revs in each position & min 5 revs per foot)
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Illusion to back scratch spin; may change feet (6 revs) 2. Camel spin to backward camel spin (4 revs per foot) 3. Combination spin – change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Flying sit spin or flying reverse sit spin (6 revs) 2. Solo spin of choice – may not fly (8 revs) 3. Combination spin – with change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Flying spin of choice (8 revs) 2. Solo spin of choice (8 revs) – may not fly 3. Combination spin – with change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)

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EVENT: Showcase Events

All showcase events will follow the National Showcase guidelines, which can be found at <https://www.usfigureskating.org/content/2019%20Showcase%20Guidelines.pdf>

- All levels will be combined events (Dramatic/Light Entertainment)
- Props and scenery are permitted.

	Event	Must have passed	Must not have passed	Age	Time
	Basic Skills Note: these levels do not qualify for National Showcase	Elements only from Basic 1-6 curriculum	May not have passed any Higher than Basic 6 level	No Age restriction	1:00 max
	Beginner, High Beginner Note: these levels do not qualify for National Showcase		Pre-Preliminary Free Skate	No Age restriction	1:30 max
	No Test, Pre-Preliminary Note: this level does not qualify for National Showcase		Preliminary Free Skate	No Age restriction	1:30 Max
	Preliminary, Pre-Juvenile	Pre-Preliminary Free Skate	Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Juvenile, Intermediate	Pre-Juvenile Free Skate	Novice Free Skate	Under 18	2:10 max
Singles	Novice	Intermediate Free Skate	Junior Free Skate	No age restriction	2:10 max
	Junior	Novice Free Skate	Senior Free Skate		2:40 max
	Senior	Junior Free Skate			2:40 max

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EVENT: Interpretive Events

Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee / LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the **skater's interpretation of the music, rather than technical elements.**

The Organizing Committee will pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

Level	Program Duration	Test Requirements
Basic skills	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Beginner/No Test	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Pre-Preliminary/ Preliminary	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Pre-Juvenile/ Juvenile	1:15 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Intermediate / Novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Junior / Senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.

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EVENT: Snowplow Sam - Basic 6 Elements



Two format options for the Elements Event:

1. Each skater will perform each element when directed by a judge/referee OR
 2. Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography). Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
 - No music
 - Divide Snowplow Sam skaters by level (1-4), if registrations warrant
 - All elements must be skated in the order listed.

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and entry • T-stop, right or left

Sanction #

EVENT: Basic Program Event: Snowplow Sam - Basic 6

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on 1/2 ice.
- Music is the same as used at other SEGL area competitions for Basic Skills. Coaches should contact Rebecca Hatch-Purnell at (502) 415-0962 or hatchpurnell@gmail.com if you would like a CD of the music to be sent to your rink.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position • T-stop, right or left

Sanction #

EVENT: Pre-Free Skate- Free Skate 1 Compulsory



Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	<ul style="list-style-type: none">• Forward inside open Mohawk from a standstill position (R to L and L to R)• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise• Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions• Mazurka• Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none">• Forward stroking, 4-6 consecutive powerful strokes• Backward outside three-turns, right and left• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions• Toe loop• Half flip jump

Sanction #

EVENT: Pre-Free Skate - Free Skate 1-6 Program with Music



Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions • Mazurka • Waltz jump • NOT ALLOWED -Waltz jump, side toe hop, waltz jump
Free Skate 1	1:40 max.	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • NOT ALLOWED – Waltz jump/toe loop combination

Sanction #