



Nov. 5



2022

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**2022 LSA Fall Compete USA**  
**Hosted by: Louisville Skating Academy**  
**November 5, 2022**  
**LTSUSA Approval #31967**

Welcome to Louisville Skating Academy's 2022 Fall Compete USA! We are excited to be hosting our event again this year and look forward to seeing you in November!

Chief Referee: Sheri Carey  
Chief Accountant: Jennifer Battat

The LSA Fall Compete USA will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

**COVID-19 INFORMATION:**

- We will follow state and CDC guidance. There are currently no restrictions, we will send an email to all participants with updates 2 weeks before the start of the event.
- **U.S. Figure Skating Waivers are a requirement for ALL athletes.** The online waivers must be



completed via [Members Only](#) prior to the competition, instruction [here](#).

**ELIGIBILITY/TEST LEVEL:**

**Test Level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Skaters may 'skate up' one level higher than their highest test passed.

**COMPETITION REGISTRATION:**

Entries will only be accepted online at [www.entryeeze.com](http://www.entryeeze.com) with credit card only.

Please complete your registration carefully. Any changes that must be made to a skater's registration will be assessed a \$25.00 change fee.

**Registration Deadline: October 14, 2022 at 11:59PM EST.**

**Late Registration Deadline: 10/16/2022 at 11:59 PM EST + \$50 Late Fee**

**ENTRY FEES:** Listed in Section 2

**FOREIGN SKATERS:**

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Create Account (Non-Member)" option on the [Members Only](#) login page.

**PARTNERED EVENTS:**

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

**Mandatory Athletes:**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. \*

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email [safesport@usfigureskating.org](mailto:safesport@usfigureskating.org) for instructions or questions regarding parental consent.

**REFUND POLICY:** Entry fees will not be refunded after October 14, 2022 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

**SCHEDULE:** Competitors may be scheduled at any time during the announced dates of the competition. The competition and practice ice schedule will be available approximately 10 days after the close of entries. All participants will be notified via email once available.

**FACILITIES:** The competition will be held at Iceland Sports Complex, 1701 UPS Dr., Louisville, KY 40223. It consists of two

sheets of ice, the North Rink and the South Rink, both measuring approximately 85' by 200' with slightly rounded corners, as well as 8 locker rooms and a snack bar. All competition events will be held in the North Rink. The temperature of the rink is generally very cold. There is adequate free parking in front of the facility.

**CHECK IN:** The registration desk will be located in the front outer lobby and will be open 30 minutes before the first practice session of the day and will close 30 minutes after the final event of the day. Skaters should check in at registration at least one hour before their first event. Skaters should check in with the rink side ice monitor at least 45 minutes before each event.

## **MUSIC UPLOAD**

**The deadline to submit music is October 21<sup>st</sup> 2022 at 11:59 PM EST.** Online music submission is the ONLY acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can log out of your account and return later to upload your music by going to the "Competition" tab and then selecting "My Music." Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate! All music must be uploaded by the deadline. Please verify all uploaded music BEFORE the deadline. Entryeze allows for skaters and coaches to verify their uploaded music. The uploaded program music MUST conform to the following specifications:

- Programs per file: One (1) - Only one piece of competition program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed.  
File Format: mp3 or m4a - The uploaded file music must be an mp3 or m4a file. Simply changing the file extension to "mp3" or "m4a" from another file format is not acceptable.
- Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted). Maximum file size: 10 MB
- Maximum run time: Five (5 minutes)
- Maximum leader: The Chief Music Coordinator requests that there be NO leader. The leader is the silence between the start of the track and the actual start of the program music.
- Maximum trailer: The Chief Music Coordinator requests that there be NO trailer. The trailer is the silence between the end of the program music and the end of the actual track.

Competitors must also bring a copy of their competition music on CD or digital copy (cell phones will be accepted for backup). Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time. If, after the competitor/team's name has been called to compete, there is an issue with the downloaded music, the competitor will have up to 2 minutes to rectify the situation with a backup copy of the music. After 2 minutes, the competitor/team will be considered withdrawn.

**LIABILITY:** U.S. Figure Skating, Louisville Skating Academy and Iceland Sports Complex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**READY ROOMS:** will be available at this competition. Skaters are recommended to arrive to the rink already dressed and ready to take the ice and only use ready rooms putting on and taking off skates. Ready rooms are not locker rooms, no changing is aloud and the doors must remain open at all times. We will separate ready rooms by age using the Safesport locker room policy as guidance. Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the [U.S. Figure Skating SafeSport](#) page).

**The SafeSport locker room policy for posting can be found [here](#).**

**PRACTICE ICE:**

Practice ice will be available for pre-purchase online only through EntryEeze. Phone, email and walk-in reservations will not be accepted. The fee to pre-purchase practice ice is \$12.00 per 20-minute session if arranged by the entry deadline, October 14, 2022 at 11:59 PM. Skaters will need to go online after the entry deadline during the 'selection period' to select their practice times. After the designated 'selection period' but before the start of the competition, skaters may go online to purchase practice ice at a rate of \$15.00 per 20-minute session and may select from sessions with remaining availability. Additional practice ice, if space allows will be sold at the event at the rate of \$15.00 per 20-minute session. Practice ice sessions will be limited to 20 skaters. Basic Skills practice sessions will be limited to 30 skaters.

**PHOTO/VIDEO:** Event photos and videos **will not** be available.

**Note, per U.S. Figure Skating policy, photographing and/or recording of any one other than your own skater is strictly prohibited.**

**The photo/video policy for posting can be found [here](#).**

**START ORDER AND RESULTS:**

Start orders and a live results link will be available to all skaters and coaches. A link will be emailed prior to the start of the competition.

**AWARDS:**

Medals will be awarded to 1<sup>st</sup> through 4<sup>th</sup> place finishers. Ribbons will be awarded to 5<sup>th</sup> through 8<sup>th</sup> place finishers. Awards ceremonies will be held in the Pro Shop immediately following each event.

**OFFICIAL NOTICES:** An official bulletin board will be maintained in the front lobby of the facility next to the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**IMPORTANT NOTICE FOR ALL COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

**Coach/Choreographer (domestic/non-foreign):**

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*

  - The background check will be valid for two seasons, the one in which it was completed plus one additional.

- ✓ If 18 years or older, must complete annual SafeSport Training. \*

  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.

- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*

- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

#### Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon → Account → Member Profile → Compliance

#### Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

#### **VOLUNTEER COMPLIANCE:**

Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must:

- ✓ Must submit information for, proper payment of \$30 and successfully pass a background check\*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional
- ✓ Must complete annual SafeSport Training
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification \*

\* Accessible via U.S. Figure Skating Members Only website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon or Account → Member Profile → Compliance

#### **CONTACT INFO:**

If you have questions, please contact Jessica Mills Kincade, Local Organizing Committee Chair. [www.skatelouisville.org](http://www.skatelouisville.org), 502.830.8607, lsask8director@gmail.com

#### **ADDITIONAL INFORMATION:**

Hotel accommodations will be available on EntryEeze.

Competition T-Shirts will be available at the facility on the day of the event.

Please check EntryEeze for additional items that will be sold in conjunction with the competition.

Interested vendors should contact the [event chair](#).

## SECTION 2: Events Offered and Entry Fees:

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

**BASIC SKILLS PROGRAM WITH MUSIC AND ELEMENTS WILL BE SKATE ON HALF ICE. THE LOC WILL PROVIDE THE MUSIC. EMAIL THE [EVENT CHAIR](#) TO RECEIVE THE FILES.**

| <b>U.S. FIGURE SKATING EVENTS</b>                                 |                |                             |                             |                               |
|---|----------------|-----------------------------|-----------------------------|-------------------------------|
| <b>SINGLES</b>  | <b>6.0</b>     | <b>1<sup>st</sup> EVENT</b> | <b>2<sup>nd</sup> EVENT</b> | <b>3<sup>rd</sup> + EVENT</b> |
| <a href="#">Excel Free Skate</a> (Beginner – Preliminary Plus)    | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Well Balanced Free Skate</a> ) No Test – Preliminary) | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <b>SPECIALTY</b>  | <b>JUDGING</b> | <b>1<sup>st</sup> EVENT</b> | <b>2<sup>nd</sup> EVENT</b> | <b>3<sup>rd</sup> + EVENT</b> |
| <a href="#">Compulsory Moves</a> (No Test–Preliminary)            | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Excel Compulsory Moves</a> (Excel Beg.–Excel Prelim.) | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Jumps Challenge</a> (Beginner–Preliminary)            | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Spins Challenge</a> (Beginner–Preliminary)            | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <b>SHOWCASE – NEW EVENT IMPLEMENTATION**</b>                      | <b>JUDGING</b> | <b>1<sup>st</sup> EVENT</b> | <b>2<sup>nd</sup> EVENT</b> | <b>3<sup>rd</sup> + EVENT</b> |
| <a href="#">Individual Entertainment (No Test –Preliminary)</a>   | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Duets (No Test – Preliminary)</a>                     | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Interpretive</a> (No Test–Preliminary)                | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Mini Production Ensemble</a>                          | 6.0            | \$150.00                    | \$75.00                     | N/A                           |
| <a href="#">Production Ensemble</a>                               | 6.0            | \$200.00                    | \$75.00                     | N/A                           |
| <a href="#">Adaptive Individual Events</a>                        | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <b>SOLO DANCE</b>   | <b>JUDGING</b> | <b>1<sup>st</sup> EVENT</b> | <b>2<sup>nd</sup> EVENT</b> | <b>3<sup>rd</sup> EVENT</b>   |
| <a href="#">Solo Pattern Dance</a> (Preliminary–Pre Bronze)       | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <a href="#">Adult Solo Pattern Dance</a> (Preliminary–Bronze)     | 6.0            | \$85.00                     | \$40.00                     | \$40.00                       |
| <b>COMPETE USA EVENTS</b>   |                |                             |                             |                               |
| <a href="#">Snowplow Sam-Basic 6 Program w/ Music</a>             | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Pre-Free Skate – Free Skate 1-6 Program w/ Music</a>  | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Adult 1-6 Program w/ Music</a>                        | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Adult Free Skate (Beg. – Bronze)</a>                  | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Snowplow Sam – Basic 6 Elements</a>                   | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Pre-Free Skate – Free Skate 1-6 Compulsory Moves</a>  | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Adult 1-6, Beginner – Bronze Compulsory Moves</a>     | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA – Spin Challenge</a>                      | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA – Jump Challenge</a>                      | 6.0            | \$70.0                      | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA – Partnered Moves (NEW)</a>               | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA – Team Compulsory</a>                     | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA – Showcase</a>                            | 6.0            | \$70.00                     | \$35.00                     | \$35.00                       |
| <a href="#">Compete USA Manual</a>                                |                |                             |                             |                               |