Test Tracker: Skating Skills and Singles

Skating Skills: Focuses on "skating skills" involving turns, strength, power, extension, edge quality, continuous flow, quickness and turn execution. Skaters may test as high as they want to in Skating Skills without taking any other tests.

Singles: Athletes are testing required jumps, spins and steps. The skater will perform the required elements in a program choreographed to music at a prescribed length. Skaters must pass the corresponding Skating Skills test to be eligible to test a Singles test. For example, a skater must pass the Pre-preliminary skating skills to attempt the Pre-preliminary Singles test.

Skating Skills	Singles
Pre-preliminary	Pre-preliminary
Preliminary	Preliminary
Pre-Bronze	Pre-Bronze
Bronze	Bronze
Pre-Silver	Pre-Silver
Silver	Silver
Pre-Gold	Pre-Gold
GOLD	GOLD



Log in to Members Only at usfigureskating.org to see your test history and results in your member profile.



Test Tracker: LSA ice and shows

LSA Contract Ice Level	Basic Skills level or Test
Low	Basic 4 and up (recommend having a lesson if under Basic 6)
Intermediate	 Bronze Skating skills and/or Pre-Bronze Singles Adult Silver Skating Skills
High	 Silver Skating Skills and/or Pre-Silver Singles Adult Gold Skating Skills



Eligibility for some roles in Nutcracker On Ice are related to test levels passed.

Review the chart below for tests and Nutcracker roles.

Test	Nutcracker Role
Pre-preliminary Skating Skills	Flowers
Pre-Silver Skating Skills	Snow
Silver Skating Skills	Solo
Pre-Silver Singles	Solo
Bronze Pattern Dance	Party Scene